

$$\textcircled{1} \text{ MHR} = 226 - \text{age} \\ = 226 - 26 = 200$$

$$\textcircled{2} \text{ MHR} = 220 - \text{age}$$

$$\therefore \text{HR} = 220 - \text{age}$$

$$\text{age} = 47$$

$$\textcircled{3} 360/40\text{s} = 540/\text{min}$$

$$= 32400/\text{h}$$

$$\therefore \text{in } 7.5 \text{ hours, } 3240 \times 7.5 = 24300 \text{ beats.}$$

$$\textcircled{4} 1 \text{ calorie} = 4.184 \text{ kJ}$$

$$\textcircled{5} \text{ a) } 6270 \text{ kJ} = 6270000 \text{ J}$$

$$\text{b) } 12 \text{ MJ} = 12000000 \text{ J}$$

$$\text{c) } 920 \text{ calories} = 3849.28 \text{ kJ}$$

$$\text{d) } 2395 \text{ kJ} = 2.395 \text{ MJ}$$

$$\text{e) } 450 \text{ kJ} = 107 \text{ calories}$$

$$\text{f) } 11 \text{ MJ} = 1100 \text{ kJ} = 262.9 \text{ calories.}$$

$$\textcircled{6} \text{ lunch (in kJ)} = 1272 + 1000 + 525$$

$$= 2797 \text{ kJ}$$

$$\therefore \% = \frac{2797}{8700} \times 100 = 32.1\%$$

$$\textcircled{7} 30 \text{ min} = 1375 \text{ kJ} \rightarrow 2510 - 1375 = 1135$$

~~$$\frac{1375}{2510} \times 100 = 54.8\%$$~~

$$\frac{1135}{1375} \times 100 = 82.5\%$$

~~$$\frac{1375}{2510} \times 182.5\% = 98.75 \text{ min}$$~~

$\textcircled{8}$ microwatt (mW)	$1 \text{ mW} = \frac{1}{1000000} \text{ W} = 10^{-6} \text{ W}$
milliwatt (mW)	$1 \text{ mW} = \frac{1}{1000} \text{ W} = 10^{-3} \text{ W}$
watt (W)	$1 \text{ W} = 1000 \text{ mW} = 1000000 \mu\text{W}$
kilowatt (kW)	$1 \text{ kW} = 1000 \text{ W}$
megawatt (MW)	$1 \text{ MW} = 1000 \text{ kW} = 1000000 \text{ W} \text{ or } 10^6 \text{ W}$
gigawatt (GW)	$1 \text{ GW} = 1000 \text{ MW} = 1000000000 \text{ W} \text{ or } 10^9 \text{ W}$

$$\textcircled{9} \quad a) 6540 \text{ W}$$

$$6540 \div 1000 = 6.54 \text{ kW}$$

$$b) 820\,000 \text{ MW}$$

$$820\,000 \times 1000 = 8.2 \times 10^8 \text{ W}$$

$$c) 165\,200 \text{ GW}$$

$$165\,200 \times 1000 = 165\,200\,000 \text{ MW}$$

$$165\,200\,000 \times 1000 = 1.652 \times 10^{11} \text{ kW}$$

$$\textcircled{10} \quad a) 2472 \times 43\% = 1062.96 \text{ kWh}$$

$$b) \text{(i)} 1062.96 \times \$0.17923$$

$$= \$190.51$$

$$\text{(ii)} 2472 \times 57\% = 1409.04 \text{ kWh}$$

$$1409.04 \times \$0.52496$$

$$= \$739.69$$

$$c) \$739.69 \div 91 = \$8.13.$$

$$\textcircled{11} \quad 1250 \times 2 = 2500 \text{ kWh} = 2.5 \text{ MWh}$$

30 min each fortnight, so therefore 13 hours a year.

~~2500 kWh~~

$$2.5 \times 13 = 32.5 \text{ kWh}$$

$$32.5 \times \$0.328735 = \$10.68$$

$\textcircled{12} \quad \times$

$$\textcircled{13} \quad 7250 \text{ kWh} \times 10\% = 725 \text{ kWh}$$

$$725 \times 0.343271 = \$248.46$$